

# Private Yoga Instruction

A PERFECT WAY TO BEGIN OR IMPROVE  
YOUR PERSONAL YOGA PRACTICE.



Let 2021 be the year you feel better than ever.  
text or call: 831.277.2032      [aironwhitt@gmail.com](mailto:aironwhitt@gmail.com)



75 minutes includes:

a personalized assessment

an in-person guided practice

a home practice designed specifically for the client sent by email post-practice

**\$75**

**4 class pack \$250** (save \$50!)

(individual or small group up to 4 people)

## PRACTICE IN COMFORT

With private yoga lessons, you can practice in the comfort of your own home.

Or visit our Forest Yoga Deck at  
The Lodge at Sweetwater Studios

